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An old man, a new House and a New Hope!

The bricks have fallen down, but we will rebuild with dressed stone . . . Isaiah 9:10

Everyone longs for a home, a place of safety and refuge. But what happens when your place of safety threatens to collapse around you at the slightest breeze or when your refuge is the cause for scorn among your peers? This was Noho's everyday reality till with support from Mark Landry, Chi Alpha and Lakeshore Church Covington Louisiana, ROTOM was able to construct a low cost house for him and his family.

The teams took part in building the mud and wattle house. The walls of the house were plastered and given a modern finish both inside and outside.

Noho's old house was depilated beyond belief and every time it rained, the whole family had nowhere to sleep. The rain would get into the house and wash away their household items. The family had a very miserable existence and being very poor, Noho looked on helplessly as his family spent sleepless nights one after another. At times Noho even wished the rain would wash him away too and end his struggles.

God in his infinite mercy opened a door through Lakeshore Church and they built Noho a new house.

Today Noho's face is always wreathed in smiles. In his community today,



Noho poses in front of his new house with family

he is a living testimony to the goodness of God.

"I had become the butt of every joke in the community. Even my children were not spared the disgrace as children in the village would call them names because they lived in a depilated shack for a home. For the children, it was a curse being my children. Little did I know that God had wonderful plans for my family and me through ROTOM." says Noho.

Noho has become the happiest man in his community and everyone now calls him "Mzungu" or

"the white man".

Noho is forever grateful to Mark Landry, Chi Alpha and Lakeshore Church teams that raised funds and for their participation during the construction of his new house. Not only did they give him a new home but hope and new life.



Noho's old house

Medical Outreach



ROTOM medical staff dressing Jaja Lwasa Gabriel's wound

After registering a growing need to promote old age-friendly health care services and improve accessibility, the ROTOM Medical staff regularly carry out outreach activities in fellowship centers across the supported villages. In the last year, the team has been able to carry out over 46 outreaches reaching over 1,943 beneficiaries with different maladies.

Many of the seniors that were reached suffered from musculoskeletal disorders, hypertension, peptic ulcers, respiratory tract infections, sight and hearing challenges, hernias, malaria, and gastroenteritis among others. Bedridden seniors have been greatly impacted by these outreaches receiving medicine and physiotherapy too.

Gabriel, 74, lives alone in a mud and wattle house about 40km from ROTOM center. He was diagnosed with a chronic tropical ulcer on his left

leg and it had become septic. In addition to the ulcer, his hearing was failing and he was a known hypertensive case with congestive cardiac failure and he also had a large right indirect inguinal hernia. In the course of the outreaches, his wound was dressed and his ears cleaned. His hearing has improved greatly and his ulcer almost healed.

His hernia was operated and he received treatment and post-operative care at the ROTOM Health Centre in Mukono. Gabriel is now back home and enjoying a much improved life.

For many seniors like Gabriel living alone and far away from the health facilities, these outreaches are a blessing. These health workers come in to treat bedsores, change catheters, beddings with a touch of love that make even the very ill seniors feel so much better without having to endure the jostling on the bumpy roads to get to a health facility.

Through medical outreaches, the medical team has been able to:

1. Deliver regular medical services to seniors in their villages
2. Visit bedridden and disabled seniors in their homes
3. Intervene in seniors health conditions early enough to reduce the development of complications.
4. Identify seniors' individual needs in terms of nutrition, housing, sanitation and hygiene
5. Cutting down the cost of bringing seniors to the health facilities
6. Increases ROTOM's capacity to deliver medical services to older persons in their homes or close to where they live
7. Follow up on cases seen at the Health Centre and hospitals
8. Physiotherapy
9. General medical consultation

SUPPORT A SENIOR!

For only UGX 80,000, US \$30, €25 or CDN\$35 a month, you can support a senior in Uganda. Your friendship allows seniors to:

- Hear a clear presentation of the gospel of Jesus Christ
- Participate in regular Christian support fellowship
- Receive bi-weekly home visits from volunteer counselors
- Receive free regular medical screening and treatment
- Receive support to enable improvement in income and food security
- Access safe and healthy water and housing

Friends receive a photo, update report and two letters every year from the senior they sponsor.

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