



Greetings in the name of our Lord and Savior Jesus Christ!

This past year we saw an exciting growth at our ROTOM Health Centers. Even though the outbreak of COVID-19 presented numerous challenges, we were driven to constantly improve and innovate, reaching for higher levels of quality care for all the seniors under our care. It's a delight to share with you some of our 2020 major highlights;

ENSURING OLDER PERSONS HAVE ACCESS TO MEDICAL SERVICES.

To ensure that seniors keep healthy and safe in their homes, ROTOM health centers emphasised Community Medical Outreaches through home delivery of medicines for chronic illnesses, frequent Field nurse home visits, virtual consultations and management of those with acute illnesses through early detection by having weekly volunteer visits to the seniors' homes. This greatly reduced the number of seniors' hospitalisations and reduced cost of health care per individual senior. Our committed team of well-trained field assistants, village volunteers, the Field Nurse worked tirelessly together with the rest of the Medical team to ensure that seniors had access to medical care amidst the challenging times of the COVID-19 outbreak.

In the first months of the year, health care delivery in the seniors' communities was a bit challenging as the country of Uganda was on lock-down. However, we were pushed to find innovative ways of bringing healthcare in the comfort of our seniors' homes. Ultimately, our seniors were able to access medical services which greatly improved their overall health.



“I no longer had to worry about the long distance to the health center to pick my pressure medicines because they were delivered to my home every month. The ROTOM volunteer took my blood pressure every week and I got an opportunity to have the ROTOM Field Nurse visit me every month in 2020. She was so kind and I usually told her all my health challenges. One day when I was not feeling well, I used my volunteer's mobile phone to tell the ROTOM doctor about my illness. Immediately, the ROTOM nurse came by, examined

me, and took my blood to ROTOM. I was informed by the doctor that I was suffering from Malaria and later received my medicines delivered using a motor cycle. I was so grateful for the care I received from ROTOM during the difficult & challenging time of COVID-19!” Senior Namutebi Deborah, in the picture above, narrates.

GROWING THE CAPACITY OF ROTOM HEALTH CENTERS.

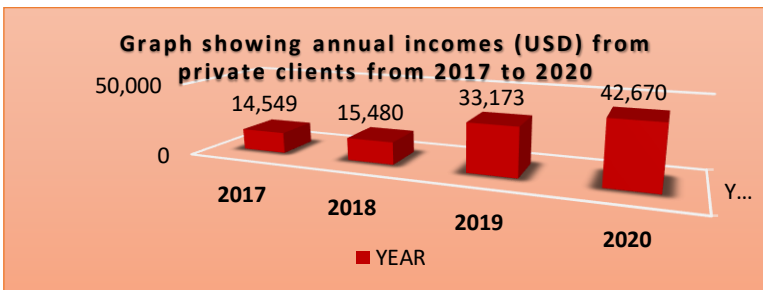


Joan, our front desk manager follows up on seniors for a doctor scheduled appointment through phone calls

The ROTOM health centers envision becoming a center of Geriatric excellence in Africa! We were able to grown in terms of our human resource, equipment, and medical practice. This ensured improved quality of health care for our seniors and also private clients.

Because of our capacity, we were able to increase the incomes from the privately paying clients. We were also able to;

- Purchase 2 chemistry analyser machines-one for each of our centers. This has reduced turn around time for chemistry tests from 24hours to 4hours.
- Remodel The ROTOM Health center in Mukono to create more space for a functional second consultation room, physiotherapy treatment rooms and the pharmacy/dispensing area.
- Have 2 of our health workers join school (Diploma in registered Nursing & Masters in Dementia studies) to further their studies through ROTOM scholarships by our friends and partners.



Pictured: A ROTOM Volunteer receiving medicines for chronic illness for seniors, at the newly remodeled pharmacy in Mukono.

On behalf of the older persons we support, we thank you for your continued and generous support and prayers that make work possible at our health centers, and in the communities of our seniors. We will continue with our commitment of providing excellent health care to all our seniors in this New Year 2021 that has already began.