

# OUTREACH



ReachOne  
TouchOne  
Ministries

# NEWSLETTER

Older persons living dignified & fulfilled!

November 2020



©ROTOM

*Pictured: ROTOM Field Nurse checking seniors Joseph's Blood Pressure in his home.*

## Caring for the elderly through ... *a Community Healthcare Model*

“When COVID-19 hit Uganda and public transportation was halted, I was worried about my health, and how I would access health care from our ROTOM health facility. But what I experienced from the ROTOM Field Nurse and village volunteers during this time of crisis is priceless” Joseph M. shares.

**W**e are in a very critical time in human history. The emergence of the novel coronavirus (COVID-19) radically changed the reality of our way of life.

With the resultant lockdown in Uganda in March 2020, many people including our seniors like Joseph were unable to access services such as health care. The new life greatly interfered with public transportation which was the most convenient, cheapest and fastest way for our supported seniors to access health care from any of our ROTOM health centers. Moreover, even when public transportation was opened, the transport fares were quite expensive which did not favor frequent visits by seniors to our health facilities.

Despite these difficulties, ROTOM was still committed to ensuring that seniors like Joseph who required routine medical check-ups received their medical treatment effectively and efficiently. And through its community health care model, over 60 community volunteers (no medical background) were trained on how to use digital blood pressure machines, and how to assess for basic and common older persons' health problems. Each older person had their blood pressures measured at least once a week by the community volunteers using BP machines that they received from

ROTOM, and they daily monitored how the seniors took their prescribed medicines. The ROTOM Field Nurse was also on daily phone calls with the community volunteers to receive feedback on the seniors' health, and would regularly visit seniors in their homes for treatment and follow-ups.

*“I received a visit every week by a ROTOM community volunteer and often every two weeks by the ROTOM Field nurse who would always take my blood pressure, monitor my compliance to the medicines that I had, and also change my urethral catheter in my home. Today, my health has greatly improved because I am cared for in my own home on a weekly basis by the ROTOM health team. I am no longer worried about going to the health center because health care is brought right to my door step. I am extremely grateful for such care which is hard to come across in my community” says senior Joseph Mugerwa.*

Through the community healthcare model, ROTOM is continuing to provide 100% access to health care to all ROTOM seniors in their own communities.

----- Older persons living dignified & fulfilled lives! -----



From the Founder & Executive Director

**Kenneth E. Mugayehwenkyi**

## JESUS OUR NEW LIFE

*"I have come that they may have life and have it to full" John 10:10*

Jesus Christ came to give us life and life in its fullness. He came that we may not perish but instead have eternal life. ROTOM's vision to see older persons living dignified and fulfilled lives reflects the gift that was given to us freely when Jesus Christ was born.

At ROTOM, this Christmas we are focusing on health and life and as we focus on life, we remember that the giver of eternal life is Jesus Christ. Yes, circumstances may have affected us differently especially during this COVID-19 pandemic but we know that Jesus Christ loves us and has not changed neither forgotten us.

As we approach the end of 2020, I would like to take a moment to thank all of you our friends and partners for your support during this year. It was not always easy to stay focused on our core tasks with the uncertainty of the pandemic, nonetheless we did everything we could to deliver on ROTOM's mission.

We also did our best to break new ground, for example with our first-ever Virtual ROTOM Breakfast event that shared an update of ROTOM's response to meeting the seniors' needs amidst the COVID-19 pandemic.

Christmas is almost here and we are looking forward to celebrating the birth of our Lord and Savior Jesus Christ.

This year we are blessing our supported seniors with a Christmas gift of a Thermos Flask, and grandchildren with warm clothing, a cake and pop (soda) which they will share with their families.

We cannot wait to see them celebrating with the rest of the world the birth of Christ knowing that he came that they too may have life in its fullness.

May this season end the present year on a cheerful note and make a way for a fresh bright new year. I and all our supported seniors, grandchildren and staff wish you a Merry Christmas and a pleasant holiday season.



### Gift a ROTOM Senior with a Thermos Flask!



Each year ROTOM gifts all its supported seniors with a special Christmas gift which normally is a much needed item by the seniors and their families. This Christmas, ROTOM would like to gift an essential Kitchen item; a Thermos Flask to all its supported seniors.

As you prepare for a season of gift giving this December, for only **\$30 USD / \$35 CAD / £20 / €25**; will you make this Christmas special for a senior in Uganda or Ethiopia.

For giving options, please visit our website;

[www.reachone-touchone.org](http://www.reachone-touchone.org)

**PS:** Select your specific country for ways to give.

## Mark your Calendar...

### RUN - FOR - ROTOM

Join our Virtual ROTOM Run on December 27<sup>th</sup>, 2020.

We're asking for only three things;

1. Give any amount of your choice towards our ROTOM RUN Campaign. All proceeds go towards our "Theatre Fund" for our ROTOM Muhanga Health Centre.

2. Run/Walk for ROTOM wherever you are, at any time and set a distance of your choice on December 27<sup>th</sup>, 2020. You can run/walk as an individual, Family or small group of friends.

3. Share some of your favorite fun moments with us by December 30<sup>th</sup>, 2020 in the form of your pictures or videos of your ROTOM Run Experience.

Make a donation today on our website;

[www.reachone-touchone.org](http://www.reachone-touchone.org)



### \*\*\*\*\* ROTOM CONTACTS \*\*\*\*\*

#### UGANDA

Kenneth E. Mugayehwenkyi  
PO Box 205, Mukono, Uganda  
Tel: +256 788 832 418  
Phone: +256 392 299 588  
Email: edrotom@reachone-touchone.org

#### USA

ROTOM USA  
PO Box 327  
Monument, CO 80132  
Tel: +1 888 540 3439  
Email: rotomusa@reachone-touchone.org

#### CANADA

ROTOM Canada  
2205 Grenville Drive  
Oakville, Ontario, Canada  
L6H 4X1  
Email: aburgoyne@reachone-touchone.org

#### GERMANY

Sylke Goebel  
Missionswerk Frohe Botschaft e V,  
Nordstr. 15, 37247, Grossalmerode,  
Tel: 05604/5066  
Fax 05604/7397  
Email: goebel@mfb-info.de

#### ETHIOPIA

Hawi Belete  
Country Director  
P.O. Box 1478, Bishoftu, Ethiopia.  
Tel: +251 118 489 054  
Email: hbelete@reachone-touchone.org

#### UK

Adrienne Shaw  
18 Fairlynch Close.  
Braunton Devon. EX33 1JB  
Tel: 02171593081  
Email: ashaw@reachone-touchone.org